

## Ninja Shuriken Throwing Blades Kihon Fundamentals

**Category:**



**Product ID: SKH0004**

**Manufacturer: SKH Quest Center**

**Price: 49.00 EUR**

**Availability: In stock**

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TOGAKURE RYU SENBAN SHURIKENJUTSU KIHON is a 50 minute DVD video home-training long-distance learning program full of exercises, insights, and instructions for passing the test for Kihon Fundamentals diploma licensing in the martial art of Japanese ninja shuriken thrown blade technique taught in Stephen K. Hayes' martial art of To-Shin Do. This one-of-a-kind DVD covers techniques and tactics for developing the kind of skill for which the ninja invisible warriors of Japan became legends.

**SENBAN SHURIKENJUTSU DVD**

- Standing Horizontal Throws
- Kneeling Horizontal Throws
- Standing Vertical Throws
- Hand-held Blade Combat
- Mental Focus
- How to take your test

**Product parameters:**

- Qty.: 1 DVD